Lida Rose, reads books

Updated Nov 21

Many women regularly规律，经常 bled into their clothing during their menstruation月经. Until late into the 19th century, they made no effort努力 to catch or collect the blood. It was perfectly normal to bleed into流血 your petticoat衬裙 or shift dress 宽松直筒连衣裙or whatever you wore under your outer clothing外衣.

bleed-bled流血 衬裙petticoat 宽松直筒连衣裙 shift dress

Early in the century, they didn’t even wear any kind of undergarments内衣. By the 1820s and 30s, some women started wearing “drawers抽屉,” which were a very loose松 garments衣服 with a split分开/裂缝 between the legs. Some of them were actually实际上 two separate分开的 pieces of fabric布料 that you tied together around your waist腰部. But they made no effort to keep them free of没有什么 blood stains污迹.

Later in the century, women started using wadded up填塞 rags破布 with “suspenders悬挂物吊袜带” (like a garter belt).

The fabric for commercially商业的 produced “sanitary卫生的 pads护垫” was originally最初 developed for use on the wounded伤员 in WWI, but the nurses immediately realized these bandages绷带 could serve another purpose起到什么作用.

填塞 破布 吊袜带 吊袜腰带

Although there really isn’t anything so terribly很 disgusting about this, most of us today would find this surprising and a little gross恶心. Many of us have been programmed使。。做 to believe menstruation is dirty肮脏 and menstrual月经的 blood is somehow shameful可耻.

 The question asked about Victorian times, so my answer is specifically具体的 about the 19th century in Great Britain. Of course it is a generalization概括. The majority大多数 of women at that time were poor and owned one set of一套 clothing. She may have worked 6 days a week at a filthy脏的 14-hour job. A little blood smeared涂抹 on her shift was no big deal. Even middle class women bathed infrequently不经常 and believed disease was spread传播 by “miasma瘴气

”. Until mid-century, nobody knew you should wash your hands before handling food.

Smear涂抹 smear the bread with butter往面包上涂黄油

Victoria reigned统治 for 63 years during a time of great cultural upheaval巨变, **the Industrial Revolution,** scientific breakthroughs, etc. So yeah, things changed a lot over the course时期 of the century.

Andy Mansfield, DPhil, former academic, teacher and author.

Answered Nov 2

Asylum Tourism旅游业.

During the nineteenth century and in the Victorian Age it was still popular to visit the mentally精神病人 ill in asylums精神病院. This activity, or leisure休闲时间 pursuit追求, had been going持续 on from before the century as定语从句 was highlighted强调 by Hogarth’s eighteenth century cartoon漫画:

Yet it continued to be a popular pastime娱乐 on both sides of the Atlantic. And many people would visit asylums - such as Bedlam in Britain and Cleveland in the US — to see the patients/ inmates精神病院住院者 and their treatments治疗 and the asylums encouraged鼓励 this to gain additional revenue收入:

Interestingly, these visits actually helped to create a more favourable有利的 and compassionate同情的 opinion of mental illness as the Victorian age progressed逐渐发展，前进进步; which gradually逐渐的 led导致 to improvements in treatment.